



REGULAR MENU

MONDAY 6 APRIL 2020

BREAKFAST

CEREAL (PORTION CONTROL)
MILK (PORTION CONTROL)
ORANGE JUICE
DANISH
FRUIT SALAD

SNACKS

COOKIES
CHEESE AND CRACKERS
CHIPS
CHOCOLATE BAR

LUNCH

CHICKEN POKE BOWL
WATER/ SOFT DRINK
FRESH PIECE OF FRUIT

DINNER

BREAD ROLL AND BUTTER
SPAGHETTI BOLOGNAISE
CARROT CAKE



GLUTEN FREE

MONDAY 6 APRIL 2020

BREAKFAST

GLUTEN FREE CEREAL (PORTION CONTROL)
SOY MILK (PORTION CONTROL)
ORANGE JUICE
GLUTEN FREE DANISH
FRUIT SALAD

SNACKS

GLUTEN FREE BISCUITS (PORTION CONTROL)
CRISPS
CHOCOLATE BAR
GLUTEN FREE MUESLI BAR

LUNCH

VEGAN POKE BOWL
WATER/ SOFT DRINK
FRESH PIECE OF FRUIT

DINNER

GLUTEN FREE BREAD ROLL AND BUTTER
GLUTEN FREE PENNE BOLOGNAISE
GLUTEN FREE HAZELNUT BROWNIE



VEGETARIAN/VEGAN

MONDAY 6 APRIL 2020

BREAKFAST

GLUTEN FREE CEREAL (PORTION CONTROL)
SOY MILK (PORTION CONTROL)
ORANGE JUICE
GLUTEN FREE DANISH
FRUIT SALAD

SNACKS

GLUTEN FREE BISCUITS
CHIPS
CHOCOLATE BAR
GLUTEN FREE MUESLI BAR

LUNCH

VEGAN POKE BOWL
WATER/ SOFT DRINK
FRESH PIECE OF FRUIT

DINNER

GLUTEN FREE BREAD ROLL AND BUTTER
GLUTEN FREE PENNE BOLOGNAISE
GLUTEN FREE HAZELNUT BROWNIE



KIDS MENU

MONDAY 6 APRIL 2020

BREAKFAST

CEREAL (PORTION CONTROL)

MILK (PORTION CONTROL)

ORANGE JUICE

DANISH

FRUIT SALAD

SNACKS

KINDER SURPRISE

SNACKS

CHIPS

MUESLI BAR

KIDS ACTIVITY PACK

LUNCH

CRUMBED CHICKEN SANDWICH

WATER

BANANA

DINNER

BREAD ROLL AND BUTTER

SPAGHETTI BOLOGNAISE

CHOCOLATE BAR